

# **Cell-Based ELISA**

## **Human/Mouse/Rat Phospho-Akt (T308) Immunoassay**

Catalog Number KCB8871

**An ELISA-based assay using fluorogenic substrates to measure phosphorylated Akt in whole cells.**

***This package insert must be read in its entirety before using this product.***

**FOR RESEARCH USE ONLY.  
NOT FOR USE IN DIAGNOSTIC PROCEDURES.**

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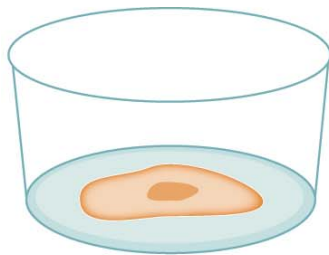
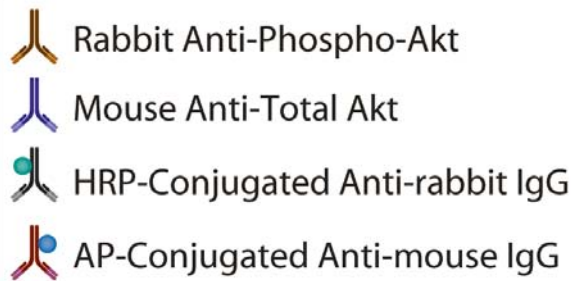
## PRINCIPLE OF THE ASSAY

This Cell-Based ELISA contains the components required to run an ELISA using fluorogenic substrates to measure phosphorylated Akt (T308) in whole cells. This simple and efficient assay eliminates the need to prepare cell lysates and can be used to investigate signaling pathways and the effects of inhibitors on cells. Cells are grown in 96-well plates and stimulated with ligands. Following stimulation, cells are fixed and permeabilized in the wells. The target protein phosphorylation is measured using a double immunoenzymatic labeling procedure. The cells are simultaneously incubated with two primary antibodies: a phospho-specific antibody and a normalization antibody that recognizes the total protein regardless of phosphorylation status. The primary antibodies are derived from different species. Two secondary antibodies recognizing the different species are labeled with either horseradish-peroxidase (HRP) or alkaline phosphatase (AP), and two spectrally distinct fluorogenic substrates for either HRP or AP are used for detection. The fluorescence of the phosphorylated protein is normalized to that of the total protein in each well for the correction of well-to-well variations. This two-wavelength assay results in precise analysis of protein phosphorylation with good reproducibility.

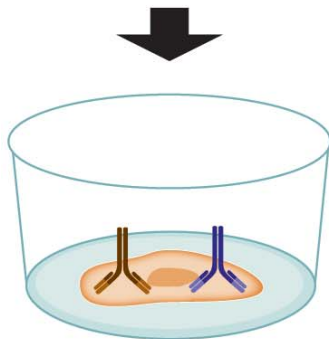
## TECHNICAL HINTS AND LIMITATIONS

- FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.
- This Cell-Based ELISA should not be used beyond the expiration date on the kit label.
- Do not mix or substitute reagents with those from other lots or sources.
- When mixing or reconstituting protein solutions, always avoid foaming.
- Individual results may vary due to differences in technique, plasticware, and water sources.
- A thorough and consistent wash technique is essential for proper assay performance. To minimize cell loss during the wash steps, avoid dispensing liquid directly onto the cell surface. Instead, gently dispense the liquid down the wall of the cell culture wells, always using the same side of the wells. Empty the wells by decanting and remove any remaining Wash Buffer by inverting the plate and blotting it against clean paper towels.
- To avoid cross-contamination, change pipette tips between additions of each reagent and/or sample. Also, use separate reservoirs for each reagent.
- It is recommended that all samples and controls be assayed in duplicate.
- Avoid microbial contamination of reagents and buffers. This may interfere with the sensitivity of the assay. Buffers containing protein should be made under aseptic conditions and stored at 2-8° C.

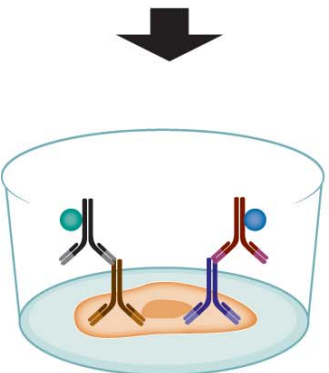
## ASSAY OVERVIEW



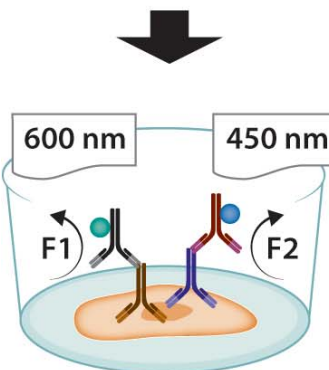
1. Seed cells in a 96 well plate. Stimulate cells with ligands. Fix, permeabilize, and block cells.



2. Add primary antibodies (rabbit anti-phospho-Akt (T308) and mouse anti-total Akt).



3. Add secondary antibodies (HRP-conjugated anti-rabbit IgG and AP-conjugated anti-mouse IgG).



4. Add fluorogenic substrates F1 and F2 and measure fluorescence.

## MATERIALS PROVIDED

**Store the unopened kit at 2-8° C. Do not use past the kit expiration date. This kit contains sufficient materials to run ELISAs on one 96-well plate.**

**Microplate** (Part 607582) - One 96-well cell culture clear-bottom black microplate and cover for use as a vessel in the assay.

**Phospho-Akt (T308) Antibody** (Part 967194) - 1 vial of lyophilized rabbit anti-phospho-Akt (T308) antibody.

**Total Akt Antibody** (Part 967193) - 1 vial of lyophilized mouse anti-Akt antibody.

**HRP-conjugated anti-rabbit IgG** (Part 893672) - 110 µL of HRP-conjugated donkey anti-rabbit IgG secondary antibody.

**AP-conjugated anti-mouse IgG** (Part 893297) - 110 µL of AP-conjugated donkey anti-mouse IgG secondary antibody.

**Substrate F1 Concentrate** (Part 893232) - 50 µL of a sensitive and stable fluorogenic substrate for horseradish-peroxidase (HRP).

**F1 Diluent** (Part 893233) - 10 mL of a solution for diluting the Substrate F1 Concentrate.

**Substrate F2** (Part 893234) - 10 mL of a sensitive and stable fluorogenic substrate for alkaline phosphatase (AP).

**Blocking Buffer** (Part 893235) - 35 mL of 10% fetal bovine serum in buffer with preservatives.

**Wash Buffer (5X)** (Part 893236) - 60 mL of a buffered surfactant with preservatives.

**Plate Sealers** - 4 adhesive strips.

## OTHER SUPPLIES REQUIRED

- 37% formaldehyde (Molecular Biology Grade, Sigma, Catalog # F8775). Refer to MSDS prior to use.
- 30% H<sub>2</sub>O<sub>2</sub> (Sigma, Catalog # H1009). Refer to MSDS prior to use.
- 1X PBS (Irvine Scientific, Catalog # 9240).
- Deionized or distilled water.
- Pipettes and pipette tips.
- Multi-channel pipette for washing.
- Cell culture incubator.
- Microfuge tubes.
- Orbital shaker.
- Fluorescence plate reader with two channels: excitation 540 nm / emission 600 nm and excitation 360 nm / emission 450 nm.

## REAGENT PREPARATION

**Phospho-Akt (T308) Antibody** - Prepare a 100X working concentration of the antibody by reconstituting with 110  $\mu$ L of 1X PBS. After reconstitution, store at 2-8° C for up to 30 days or aliquot and store at  $\leq$  -20° C in a manual defrost freezer for up to 60 days.\*

**Total Akt Antibody** - Prepare a 100X working concentration of the antibody by reconstituting with 110  $\mu$ L of 1X PBS. After reconstitution, store at 2-8° C for up to 30 days or aliquot and store at  $\leq$  -20° C in a manual defrost freezer for up to 60 days.\*

**Primary Antibody Mixture\*\*** - Immediately before use, add 100  $\mu$ L of the Phospho-Akt antibody and 100  $\mu$ L of the Total Akt Antibody to 9.8 mL of Blocking Buffer. 100  $\mu$ L of the primary antibody mixture is required per well. **If a full plate is not being assayed, adjust volumes accordingly.**

**Secondary Antibody Mixture\*\*** - Immediately before use, add 100  $\mu$ L of the HRP-conjugated antibody and 100  $\mu$ L of the AP-conjugated antibody to 9.8 mL of Blocking Buffer. 100  $\mu$ L of the secondary antibody mixture is required per well. **If a full plate is not being assayed, adjust volumes accordingly.**

**Substrate F1** - Add the contents of the Substrate F1 Concentrate vial (50  $\mu$ L) to the 10 mL of F1 Diluent in the brown bottle. Store Substrate F1 at 2-8° C for up to 60 days.\*

**1X Wash Buffer** - Add 60 mL of Wash Buffer (5X) to 240 mL of 1X PBS to prepare 1X Wash Buffer. Store at 2-8° C for up to 60 days.\*

## SOLUTION PREPARATION

**4% Formaldehyde** (for adherent cells) - Add 1.3 mL of 37% formaldehyde to 10.7 mL of 1X PBS to prepare 4% formaldehyde. **If a full plate is not being assayed, adjust volumes accordingly.**

**8% Formaldehyde** (for non-adherent cells) - Add 2.6 mL of 37% formaldehyde to 9.4 mL of 1X PBS to prepare 8% formaldehyde. **If a full plate is not being assayed, adjust volumes accordingly.**

**Quenching Buffer** - Add 200  $\mu$ L of 30% H<sub>2</sub>O<sub>2</sub> to 9.8 mL of 1X Wash Buffer to prepare 0.6% H<sub>2</sub>O<sub>2</sub>. **If a full plate is not being assayed, adjust volumes accordingly.**

\*Provided this is within the expiration date of the kit.

\*\*Once prepared, the primary and secondary antibody mixtures cannot be stored. Prepare only enough as needed to run the assay.

# GENERAL ASSAY PROCEDURE

## A. Culture, Stimulate, Fix, and Block Cells

1. Seed 100  $\mu$ L of 10,000-20,000 adherent cells into each well of the black 96-well microplate with clear bottom and incubate overnight at 37° C in a cell culture incubator.

**Note:** *The cell number used is dependent upon the cell line and the relative amount of protein phosphorylation. Optimal cell numbers should be determined by each laboratory for each assay.*

2. Grow and treat the cells as desired.
3. Fix cells by replacing the medium with 100  $\mu$ L of 4% formaldehyde in 1X PBS. Add the plate cover and incubate for 20 minutes at room temperature. Alternatively, apply a plate sealer and store the plate containing the fixed cells at 2-8° C for up to 2 weeks.

**Warning:** *Formaldehyde is highly toxic. Confine vapors to a chemical hood and wear appropriate gloves and eye protection when using this chemical. Refer to MSDS prior to use.*

4. Remove the formaldehyde solution and wash the cells 3 times with 200  $\mu$ L of 1X Wash Buffer. Each wash step should be performed for 5 minutes with gentle shaking.
5. Remove the Wash Buffer and add 100  $\mu$ L of Quenching Buffer. Add the plate cover and incubate for 20 minutes at room temperature.
6. Remove the Quenching Buffer and wash the cells 3 times with 200  $\mu$ L of 1X Wash Buffer. Each wash step should be performed for 5 minutes with gentle shaking.
7. Remove the Wash Buffer, and add 100  $\mu$ L of Blocking Buffer. Add the plate cover and incubate for 1 hour at room temperature.

## B. Binding of Primary and Secondary Antibodies

1. Remove the Blocking Buffer and wash the cells 3 times with 200  $\mu$ L of 1X Wash Buffer. Each wash step should be performed for 5 minutes with gentle shaking.
2. Add 100  $\mu$ L of the Primary Antibody Mixture to each well. Cover with a plate sealer and incubate for 16 hours at 2-8° C. In cells known to generate high amounts of phosphorylated Akt, a 2-3 hour primary antibody incubation is sufficient; however, for maximum sensitivity, an overnight incubation is recommended.

**Note:** *Depending on the experimental design (refer to the Calculation of Results section), some wells should be incubated with Primary Antibody Mixture and some with only the Blocking Buffer as the negative controls (secondary antibody alone).*

3. Remove the Primary Antibody Mixture and wash the cells 3 times with 200  $\mu$ L of 1X Wash Buffer. Each wash step should be performed for 5 minutes with gentle shaking.
4. Add 100  $\mu$ L of the Secondary Antibody Mixture to each well. Cover with a plate sealer and incubate for 2 hours at room temperature.

**Note:** *The Secondary Antibody Mixture is added into each well including the negative control wells.*



### C. Fluorogenic Detection

1. Remove the Secondary Antibody Mixture from each well and wash the cells 2 times with 200  $\mu$ L of 1X Wash Buffer, followed by 2 washes with 200  $\mu$ L of 1X PBS. Each wash step should be performed for 5 minutes with gentle shaking.
2. Remove the 1X PBS from the plate and add 75  $\mu$ L of Substrate F1 to each well. Incubate for 20-60 minutes at room temperature. Protect the plate from direct light. A pink or rosy color should develop in the wells.

**Note:** *It is critical to add Substrate F1 into each well and incubate for 20-60 minutes for fluorescence development prior to the addition of Substrate F2. Adding Substrate F1 and Substrate F2 simultaneously into the wells will result in the inhibition of fluorescence development.*

3. Add 75  $\mu$ L of Substrate F2 to each well and incubate for an additional 20-40 minutes at room temperature. Protect the plate from direct light.
4. Read the plate using a fluorescence plate reader with excitation at 540 nm and emission at 600 nm. Then read the plate with excitation at 360 nm and emission at 450 nm. The readings at 600 nm represent the amount of phosphorylated Akt in the cells, while readings at 450 nm represent the amount of total Akt in the cells.

### PROCEDURE FOR NON-ADHERENT CELLS

This protocol has been validated for use with non-adherent cells by culturing and fixing cells as follows.

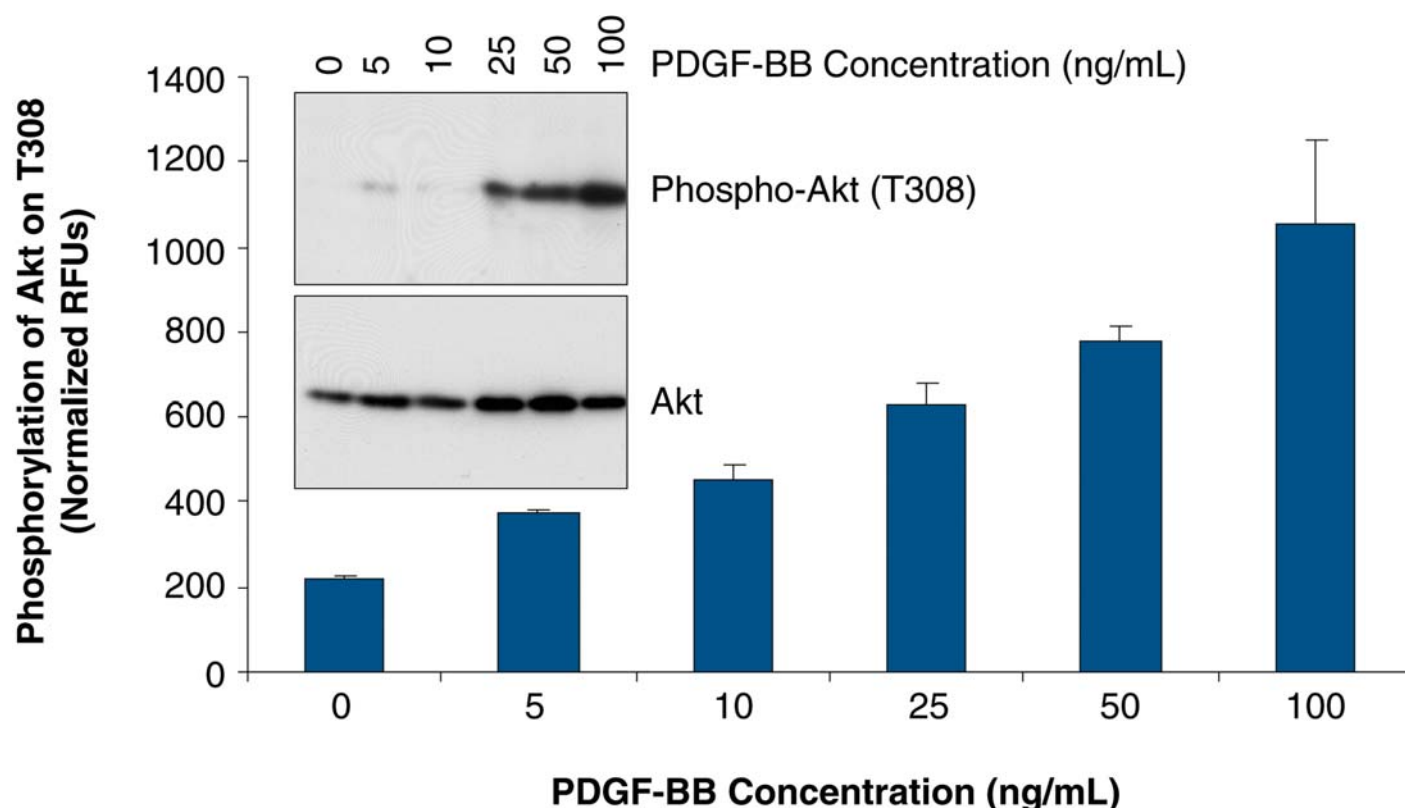
1. Seed 100  $\mu$ L of suspension cells into each well of the black 96-well microplate in serum-free or normal growth media at the desired cell density (seeding cells at a density of  $0.2-1.0 \times 10^6$  cells/mL is recommended).
2. Incubate the plate at 37° C. Depending on the cell line and treatment, the typical incubation time is 0.5-16 hours.
3. Treat the cells as desired. Prepare the treatment media containing a 5X final concentration of treatment. Add 25  $\mu$ L of 5X treatment media to the wells and bring the total volume up to 125  $\mu$ L. Mix solution by gently agitating the plate and incubate according to your treatment protocols.
4. Centrifuge the plate at 500 x g for 3 minutes at 4° C and remove media.
5. Fix the cells by adding 100  $\mu$ L of 8% formaldehyde in 1X PBS. Apply the plate cover and incubate for 20 minutes at room temperature. Alternatively, apply a plate sealer and store the plate containing the fixed cells at 2-8° C for up to 2 weeks.
6. Continue with section A, step 4 of the General Assay Procedure on page 6.



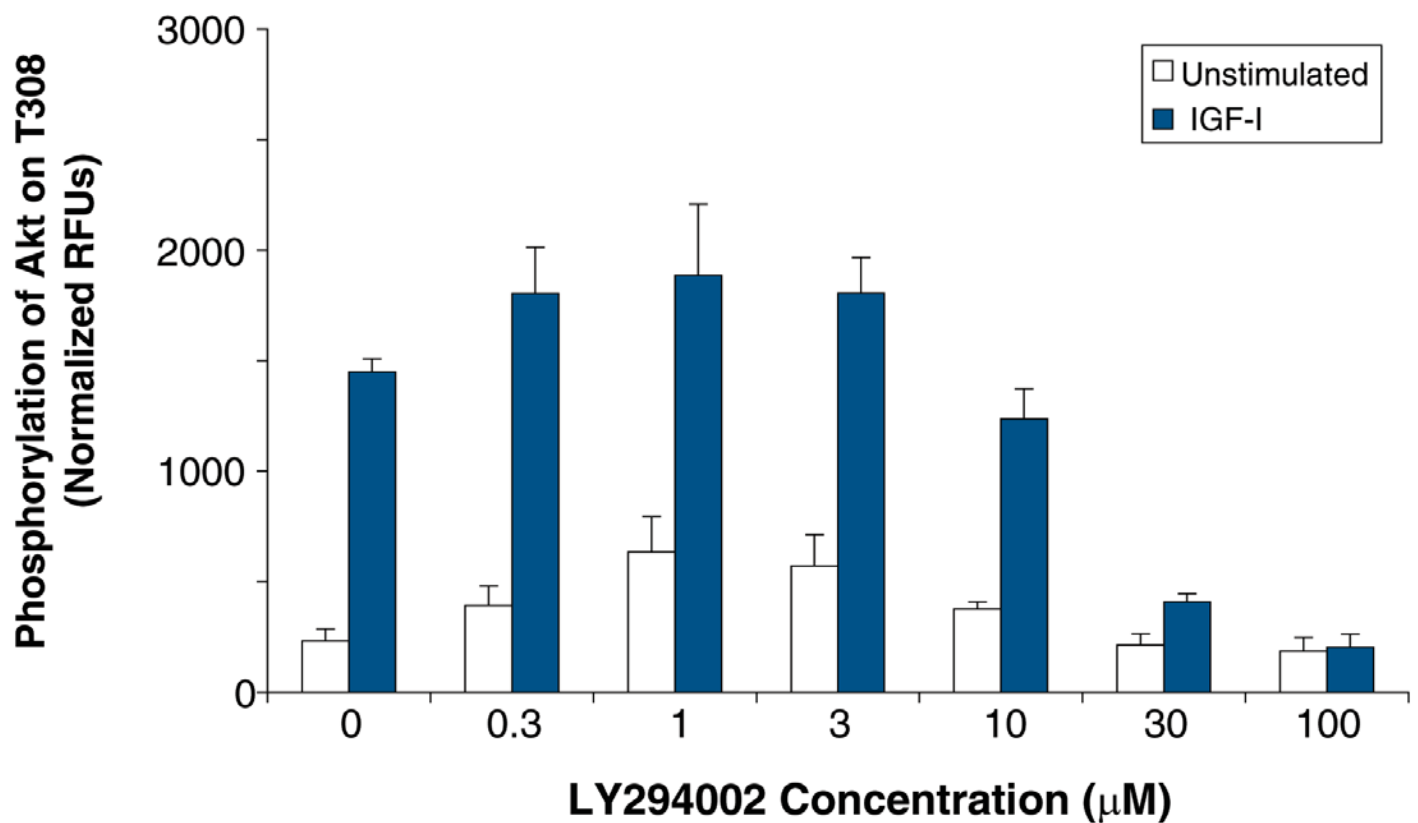
## CALCULATION OF RESULTS

Control wells with no primary antibody (secondary antibody alone) should be included in each experiment. The relative fluorescence units (RFUs) from these wells is the background fluorescence and is subtracted from all sample wells. Normalized results can be determined by dividing the phospho-Akt fluorescence at 600 nm in each well by the total Akt fluorescence at 450 nm in each well. The normalized duplicate readings for each sample are then averaged.

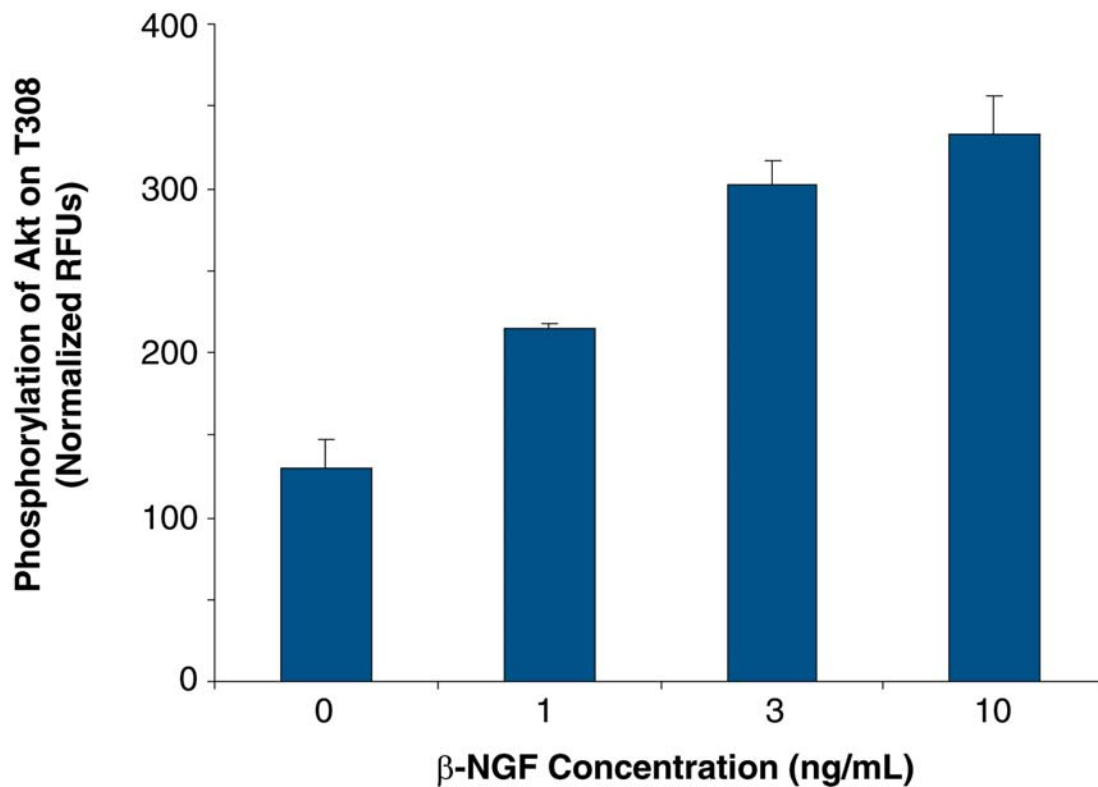
## KIT PERFORMANCE DATA



**Figure 1: Dose response of PDGF-induced Akt phosphorylation in mouse cells.** NIH-3T3 mouse embryonic fibroblasts were cultured in 96-well plates and treated with the indicated amounts of recombinant human PDGF-BB (R&D Systems, Catalog # 220-BB) for 10 minutes. After fixation of cells in the wells, phosphorylation of Akt on T308 was determined using this Human/Mouse/Rat Phospho-Akt (T308) Cell-Based ELISA. Values represent the mean  $\pm$  the range of duplicate determinations. Analysis of Akt phosphorylation on T308 by Western blotting using the antibodies supplied in this kit is also shown (inset).



**Figure 2: Effects of PI 3-kinase inhibitor (LY294002) on IGF-I induced Akt phosphorylation in human cells.** MCF-7 human breast cancer cells in 96-well plates were pretreated for 20 minutes with the indicated concentrations of LY294002 then incubated with no additions or with 20 ng/mL recombinant human IGF-I (R&D Systems, Catalog # 291-G1) for 15 minutes. After fixation of cells in the wells, phosphorylation of Akt on T308 was determined using this Human/Mouse/Rat Phospho-Akt (T308) Cell-Based ELISA. Values represent the mean  $\pm$  the range of duplicate determinations.



**Figure 3: Dose response of  $\beta$ -NGF induced Akt phosphorylation in rat cells.** PC-12 rat adrenal pheochromocytoma cells were cultured in 96-well plates and treated with the indicated amounts of recombinant rat  $\beta$ -NGF (R&D Systems, Catalog # 556-NG) for 10 minutes. After fixation of cells in the wells, phosphorylation of Akt on T308 was determined using this Human/Mouse/Rat Phospho-Akt (T308) Cell-Based ELISA. Values represent the mean  $\pm$  the range of duplicate determinations.

## PLATE LAYOUT

Use this plate layout as a record of standards and samples assayed.

12								
11								
10								
9								
8								
7								
6								
5								
4								
3								
2								
1								
	A	B	C	D	E	F	G	H

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