



## Human BDNF ELISpot Development Module

Catalog Number: SEL248

### Reagents Provided

**Human BDNF Capture Antibody Concentrate** (Part # 844214) - 1 vial of lyophilized monoclonal mouse anti-human BDNF.\*

**Human BDNF Detection Antibody Concentrate** (Part #844215) - 1 vial of lyophilized biotinylated monoclonal mouse anti-human BDNF.\*

\*Each vial contains sufficient antibodies to run ELISpot assays on approximately five 96-well microplates, when using the protocol provided.

### Other Supplies Required

- ELISpot Blue Color Module or equivalent (R&D Systems, Catalog # SEL002)
- PBS - 137 mM NaCl, 2.7 mM KCl, 8.1 mM Na<sub>2</sub>HPO<sub>4</sub>, 1.5 mM KH<sub>2</sub>PO<sub>4</sub>, pH 7.2-7.4, 0.2 µm filtered.
- Wash Buffer - (i.e. 0.05% Tween® 20 in PBS).
- Blocking Buffer - (i.e. 1% BSA, 5% Sucrose in PBS).
- Reagent Diluent - (i.e. 1% BSA in PBS, pH 7.2-7.4, 0.2 µm filtered).
- 37 °C CO<sub>2</sub> incubator.
- Deionized H<sub>2</sub>O.
- Positive Control - Use recombinant human BDNF (R&D Systems, Catalog # 248-BD) or cells known to secrete human BDNF.
- 96-well plates - Nitrocellulose-bottom plates, PVDF-bottom Immunospot® plates, or flat-bottom polystyrene Immulon® ELISA plates.
- Squirt bottle, manifold dispenser, or automated microplate washer.
- Dissection microscope or an automated ELISpot Reader.

### ELISpot Protocol

When a 96-well PVDF microplate is used, a 1:60 dilution of the Capture and Detection antibodies is recommended. **Each investigator should determine the optimal working dilution of the antibodies depending on the type of microplate, Wash Buffer and Blocking Buffer used.**

1. Calculate the total volume of Capture Antibody needed and dilute to the working concentration using PBS.
2. Immediately add 100 µL of the diluted Capture Antibody per well. Cover the plate with the lid and incubate overnight at 2-8 °C.
3. Aspirate Capture Antibody from each well and wash 3 times with Wash Buffer or PBS (350 µL/well) using either a squirt bottle, manifold dispenser, or autowasher. After the final wash, remove any remaining liquid by inverting the plate and blotting it against a clean paper towel.  
*Do not touch the membranes during washing to avoid damage.*
4. Block membranes by adding 200 µL of Blocking Buffer to each well. Incubate for 2 hours at room temperature.
5. Aspirate Blocking Buffer as described in step 3. Rinse with the same media in which the cells will be cultured.  
*Do not discard the culture medium until cells are ready to be plated.*
6. Aspirate culture media from the plate and immediately fill appropriate wells with 100 µL of culture media containing human BDNF secreting cells. Incubate at 37 °C in a 5% CO<sub>2</sub> incubator. Incubation time must be determined empirically.  
*We recommend running a positive control (recombinant protein), negative control (same number of unstimulated cells as stimulated cells), and background control (sterile culture media) with each assay.*
7. Wash plate 4 times with Wash Buffer. Remove any remaining Wash Buffer by inverting the plate and blotting it against a clean paper towel.
8. Calculate the total volume of Detection Antibody needed and dilute to the working concentration using Reagent Diluent.
9. Add 100 µL of the diluted Detection Antibody per well. Cover the plate with the lid and incubate overnight at 2-8 °C.
10. Aspirate Detection Antibody and wash as described in step 3. Microplates are ready for color development.

### Color Development

Color development may be done using the ELISpot Blue Color Module that may be purchased separately. Alternatively, another chromogen of choice may be used.

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**R&D Systems, Inc.**  
**1-800-343-7475**